A place at the table

Highlights from 2014-15

feed
Nova Scotia
There’s a place at the table for everyone to work together, ensuring that all Nova Scotians have access to nutritious food, and the support they need to thrive.

Here’s how we worked with our community this year to make that possible.
On my third day as Executive Director, I rode the truck and met those who work at our member agencies and the people they support. I became instantly aware of the impact our collective organizations have, and overwhelmed by the respectful, empathetic way our members instill hope in their clients. Two things struck me early on.

First, is the need to share the impact our donors have on people. They’re stories of inspiration that can move you to tears.

Second, is the need to share successes, ideas, frustrations, and visions among our network of 146 member agencies. There is a palpable appetite to help clients gain a more independent foothold. I have been so impressed by member agencies trying new initiatives, and seeking out more sustainable solutions.

I’d like to thank the amazing staff and volunteers at FEED NOVA SCOTIA, who always put others before themselves, who creatively look for ways to stretch the donation dollar, who lead by example, and who give real meaning to my day.

Thanks to the Board of Directors for their trust and confidence that we make a difference in our communities—one that will be felt for a lifetime.

Finally to our donors. You provide the means for us to support those who are hungry. You instinctively know that little can be accomplished in life when hunger preoccupies your state of mind, especially when you’re a child. We will never take your dollar for granted and we will work hard to increase the return for your generous donation.

I look forward to a year of increased efficiency and impact, of stories told and inspirations shared, and working closely with our member agencies to give Nova Scotians a future with opportunity and hope.

Our vision is a province where no one goes hungry.

Our mission is to feed those in need, and to reduce that need.
Knowing you’re on the right track is an incredible feeling; and whichever way I look, I’m convinced that’s exactly where we are at FEED NOVA SCOTIA.

We’ve always been humbled by the generosity of Nova Scotians, and keenly sensitive to the importance of using this generosity wisely. This year we challenged ourselves with increased tenacity to do even better—and we did. In examining our operations with a sharp lens, we identified ways to improve efficiency and service delivery. In many respects, we’re now doing more with less.

We also took time this year to step back and look at the big picture. Through a strategic planning process, our Board of Directors and staff walked away with three strategic goals and an action plan around alignment, engagement and membership. I feel a distinct sense of energy and passion to fulfil our mission, and I have every confidence that good things lie ahead.

To all of our donors, volunteers, board members and staff—thank you. I am grateful for the opportunity to sit at the table with you, and truly proud of the impact we have in people’s lives and communities each day.

Board of Directors

Nelson Angel (Secretary)
Haylo Branding, Marketing & Public Relations

Heather Austin (Vice Chairperson)
RBC Royal Bank

Kimberley Burns (Member Council Rep)
Hants North Community Food Bank

Catherine Gaulton
Nova Scotia Health Authority

Susan Hazelwood (Member Council Rep)
Dartmouth First Baptist Church Food Bank

Cindy Jeffrey
ADP Canada

Paul Kidston (Chairperson)
Sales Training Experts

Thomas Kozloski (Treasurer)
Saint Mary’s University

Chris MacIntyre
McInnes Cooper

David Miller
PricewaterhouseCoopers LLP

Rebecca Saturley
Stewart McKelvey

Chaz Thorne
Standing 8 Productions & Nile Fiber Atlantic Canada

Robert James Williams
Supreme Court of Nova Scotia
Building a hunger-free province

We need food to be happy and healthy. It’s fuel. It’s comfort. It brings us together.

FEED NOVA SCOTIA distributed 1,919,007 kilograms to 146 food banks, shelters and meal programs this year. When Nova Scotians reached out, they found a hand up to a better tomorrow.

Where we distributed the 1,919,007 kilograms

Our fair and efficient system

No matter where you call home, everyone deserves equal access to nutritious, well-balanced food. We distribute food to our member agencies based on the number of people they support each month. The need can change, and if a food bank is welcoming new families, we help them meet the growing need.

We have the resources to seek out, receive, process, and distribute large food donations to families all over Nova Scotia. We also benefit from nationally-organized campaigns through our Food Banks Canada membership. This year, we started regularly picking up frozen and fresh foods at Walmart stores across the province, a significant boost to our efforts to distribute protein-rich items—one of our critical food categories that’s difficult to keep in stock.

Note: The remaining 3% went to New Brunswick and PEI, and to community organizations in Nova Scotia that are not FEED NOVA SCOTIA member agencies.
“Without FEED NOVA SCOTIA, our food bank would need to put huge effort into seeking food donations, raising public awareness and advocating for change. With FEED NOVA SCOTIA, it is not only possible to help more people, but to give voice to those who must use a food bank.”

—Sandra Nicholas, Executive Director, Brunswick Street Mission
Our member agencies
create strong communities

Valley-Yarmouth
Annapolis Area Food Bank Society
Berwick Food Bank
Bridgetown & Area Food Bank
Canning Area Food Bank
Clare Food Bank
Digby & Area Food Bank
Fundy Interchurch Food Bank
Hantsport & Area Community Food Bank
Harvest House Community Outreach
NSCC Annapolis Valley Campus (Middleton)
Twelve Baskets Food Bank
Upper Room Food Bank Association
Weymouth Area Food Bank
Windsor & District Food Bank
Wolfville Area Food Bank
Yarmouth Food Bank Society

South Shore
Bridgewater Elementary School Breakfast Program
Bridgewater Interchurch Food Bank
Food For Thought Breakfast Program
Lighthouse Food Bank Society
Lunenburg Interchurch Food Bank
Mahone Bay Area Food Bank Association
New Germany Area Food Bank
Queens County Food Bank
Shelburne Loyalist Food Bank
South Shore Family Resource Association

Colchester-East Hants-Cumberland
Amherst Food Assistance Network Association
Colchester Community Support Society
Hants North Community Food Bank
Indian Brook Food Bank
Neighbours Helping Neighbours
Oxford & Area Food Bank Association
Parrsboro & Area Food Bank Society
Pugwash & Area Food Bank
Salvation Army Family Services (Truro)
Salvation Army Springhill Community Church
Shumilacke Food Bank Society
Food support offered by our members

Our network is diverse. We support our members as they provide various types of food assistance.

- **94** food banks
- **40** meal programs
- **12** shelters

**Halifax Regional Municipality**
A.J. Smeltzer Junior High School
Adsum Centre for Women and Children
Adsum Court
Adsum House
Alcare Place
Alice Housing
Ark Outreach
Bayers Westwood Family Centre
Bayers Westwood Residents’ Association Food Bank
Beacon House Interfaith Society
BFEC - Bedford Education Centre
BFEC - Forsyth Education Centre
Brunswick Street Mission Breakfast Program
Brunswick Street Mission Food Bank
Canadian Mental Health Association (Dartmouth Among Friends)
Canadian Mental Health Association (Halifax Caring & Sharing)
Cole Harbour/Woodside United Church Food Bank
Community YMCA
Connections Clubhouse
Connections Dartmouth (New Beginnings Clubhouse)
Corp. of Christ Church
Cunard Learning Centre
Dalhousie University Student Union Food Bank
Dartmouth Family Centre
Dartmouth First Baptist Food Bank
David’s Place
Demetreous Lane Food Bank
East Dartmouth Christian Food Bank Association
Eastern Shore Volunteer Food Bank
Elizabeth Fry Society
Emmanuel Anglican Church Food Bank
Family SOS Association
Feeding Others of Dartmouth Margaret House
Freedom Foundation of Nova Scotia
Gateway Community Church
Greystone Community Centre Association
Halifax Transition House Association - Bryony House
Halifax West Ecumenical Food Bank
Helping Hands Food Bank (Church of the Holy Spirit)
Highland Park Junior High School
Jesus House Halifax
John Martin Junior High School Breakfast Program
Lake Echo Community Food Bank
Lockview High School Food Bank
Mainline Needle Exchange
Manna For Health
Marine Communities Food Bank Society
Metro Non-Profit Housing Association
  Dartmouth
Metro Non-Profit Housing Association Halifax
Mic Mac Native Friendship Society
Mount Saint Vincent University Students’ Union Food Bank
Mulgrave Park Tenants Association
North Dartmouth Outreach Resource Centre
  Society
Out of the Cold Shelter
Phoenix Youth Programs - Coburg Road
Phoenix Youth Programs - Hunter Street
Phoenix Youth Programs - Tower Road
Prince Andrew High School Youth Health Centre
Prince Arthur Junior High School Youth Health Program
Rainbow Food Bank
Regional Independent Students Association
Salvation Army Dartmouth Community Church
Salvation Army Family Services (Halifax)
Salvation Army Halifax Centre of Hope
Shelter Nova Scotia (Barry House)
Shelter Nova Scotia (Metro Turning Point)
Shelter Nova Scotia (Nehiley House)

Shelter Nova Scotia (Sir Sandford Flemming House)
SHYM - Supportive Housing for Young Mothers
St. Agnes Junior High School Breakfast Program
St. Andrew’s Church Supper Program
St. Clement’s SVDP
St. George’s Soup Kitchen
St. George’s YouthNet
St. James United Church Food Bank
St. Margaret’s Bay Food Bank
St. Mark’s Food Bank
St. Matthew’s United Church Breakfast Program
St. Paul’s Family Resources Institute Inc.
St. Paul’s SVDP
SUNSCAD (Student Union of Nova Scotia College of Art & Design)
The Laing House Association
The Marguerite Centre
The Stepping Stone Association
Victoria Road Baptist Church Food Bank

“At Phoenix Youth Programs, we help at-risk, marginalized and homeless youth, and their families manage healthy pathways forward – everything from crisis assistance and emergency shelter, to long-term skills development, education and help with independent living. If youth are hungry, they can’t focus on these other areas, so even though food support is one part of what we provide for youth, in many ways it’s the foundation for everything else. Daily deliveries from FEED NOVA SCOTIA help make our work possible.”

–Melanie Sturk, Phoenix Youth

“food is the foundation for everything else”
Our membership extends beyond community food banks. Many of our members provide safe housing and shelter, opportunities for at-risk or homeless youth, rehabilitation for those struggling with addiction, or support for individuals living with HIV/AIDS.

Their mandates differ, but providing food—a basic need that has to be filled before anything else—is one way they support their clients, and we’re proud to help them do that.

We pick up surplus prepared food from up to 36 restaurants, hospitals, and retail outlets and distribute it to 50 member agencies in Halifax and Dartmouth in the same day.
Food bank use in Nova Scotia in 2014

More than 70% of the households that accessed a food bank did so 6 times or fewer.

23,655 households were supported by food banks and were collectively supported 94,202 times.

43,885 individuals were supported by food banks and were collectively supported 202,705 times.

Of the individuals assisted, 13,846 were children.

Source: Based on statistics collected by participating member food banks that submitted to FEED NOVA SCOTIA's client registry as of June 2015.
Where Nova Scotians were supported in 2014

Here’s a quick look at the geographical breakdown of the 43,885 individuals who were supported by food banks.
We made a decision this year to discontinue our Helpline and Learning Kitchen to focus on strengthening our provincial network and supporting our member agencies as they build capacity to do what they do best—directly support people in their community.

Recognizing that Helpline became a listening ear for thousands province-wide, we reached out to 211 and other community agencies to offer resources and training.

With Learning Kitchen, we wanted to see the program live on in other organizations, so many more individuals across the province could benefit from the training. Thank you to the Staples Foundation for providing funding to realize this objective.

At the time of printing, two of our member agencies, Canning Food Bank and Shelter Nova Scotia, had expressed an interest in adopting modules from the program, and MetroWorks was in negotiations with the Department of Community Services to offer a comprehensive program based on the Learning Kitchen model.

As a single mom, Tracy always put her son first, providing the support he needed to overcome many mental health challenges. It was all-consuming, but he needed her more than anyone else. “I made the choice to sacrifice anything and everything else in life, and I’d do it all over again for him.”

Now that her son is older and more independent, Tracy seized the opportunity to follow her passion for culinary arts and enroll in the Learning Kitchen—a move that benefitted both of them. Today Tracy has the certificate, skills, and confidence to build a career. “I look at where we were and how far we’ve come.”

“We’re even stronger than we used to be.”
The Nova Scotian winter spared no one this year, and the weather put up significant barriers to our food deliveries. Safety kept our trucks off the roads on several occasions, making it impossible to get to our member food banks and meal programs at our scheduled times. The exceptional weather prompted the review of our business continuity plan to ensure our member agencies can continue serving families without disruption.
Comfort at Christmas

The holidays can be tough for families we support. We work with our member agencies and other organizations in the community to ensure Nova Scotians can enjoy one of the most traditional comforts of the season—Christmas dinner.

4,749 turkeys and chickens distributed to food banks and meal programs.

3,635 produce hampers distributed to food banks and meal programs.

As a child, Mike and his mom received a Christmas hamper each year from their local food bank.

“I ran downstairs at Christmas to get this turkey box

and I had no idea the amount of volunteers, drivers, staff, and everyone at the local food bank and at FEED NOVA SCOTIA that brought that to us. And if I had the opportunity to thank them, I’d love to do that so they could see and understand what it meant, after all these years, what they were able to provide for us.”

It means a lot to Mike to have the opportunity to give back each year, and provide turkeys for other families in need.
Creating holiday memories

Instead of buying Christmas gifts for their clients and customers, co-workers Stephanie and Shauna suggested their colleagues at Atlantic Auto Protector support our Adopt-a-Family program. Their office was one of 277 sponsors that helped provide those magic Christmas morning moments through a turkey dinner and gifts for the children for 394 families. Like so many who have helped out in this way, they were touched by the experience.

“It’s just unbelievable when the family writes a letter and says that without you, they wouldn’t have had a warm snowsuit, or mittens, or a hat for their children.”

“It means so much as a parent because you want to feed and clothe your child and you also want to give them something special.”

–Stephanie Gaetz, donor and volunteer

Thank you, Purolator.

Our Adopt-a-Family program wouldn’t be possible without the incredible support of Purolator. For over 10 years they’ve ensured thousands of packages arrive at the doorsteps of our sponsored families in time for Christmas. This year 40 Purolator volunteers and a fleet of 20 Purolator vehicles delivered 1,249 boxes along 20 different routes in the Halifax area—an amazing demonstration of true holiday spirit.
Our greatest asset

We’re incredibly lucky to share our workplace with hundreds of volunteers who are all heart and generosity. They enrich our organization with enthusiasm, knowledge, diversity, and community spirit. They are advocates for us and for the Nova Scotians we support. And we’re proud to say they outnumber our staff 28 to 1.
867 individuals & 201 groups generously gave 43,140 hours

It’s important to have friends you can count on—who will always be there to help out in tough times. We’re incredibly lucky to have found this kind of support from members of the Royal Canadian Navy, who contributed 1,756 hours of volunteer time this year. And it’s not just about the time they’ve logged to help families in need; it’s their willingness to do whatever job needs to be done to keep our operation running smoothly.

“A sea of enthusiastic volunteers in green shirts can only mean one thing—a crew from TELUS is onsite for their Days of Giving. Their team joined us on May 31, and across the country TELUS employees collectively sorted over 235,000 pounds of food. We were thrilled to be one organization benefitting from this outstanding effort.

“At TELUS, we give where we live to improve the lives of youth and their communities. With FEED NOVA SCOTIA’s provincial reach, and their efforts to foster systemic change and support families and youth struggling with hunger, our partnership is a natural fit.”

–Ken Power, Director, Atlantic Canada, TELUS
Champions for the cause

We are fortunate to have outstanding partners who join us at the table year after year to help support our neighbours in need. Their contributions in the last 12 months were no exception.

Atlantic Superstore’s support of FEED NOVA SCOTIA is felt right from the corporate level to the employees at every store across the province.

“Ensuring families have nutritious food and kids have every opportunity to live their full potential is a priority for Loblaw—it’s part of who we are, and our employees demonstrate these values everyday. We’re proud to partner with FEED NOVA SCOTIA throughout the year to help build strong communities across the province.”

–Mark Boudreau, Director, Corporate Affairs - Atlantic Loblaw Companies Limited

Having a friend like CBC in our corner helps us support thousands of Nova Scotians each year.

“Over the past 31 years, through outreach events like FEED NOVA SCOTIA Day, Light up a Life and projects such as Sharing the View, CBC has helped raise $2.5 million and over 120,000 kilograms of food to fight hunger in Nova Scotia. CBC employees bring a strong culture of community involvement to the work we do and recognize that giving back makes a positive difference in our communities and the lives of Nova Scotians.”

–Denise Wilson, Senior Managing Director, CBC Atlantic

Providing better food for all is Sobeys’ mission, and it’s evident in the support they provide us each year.

“At Sobeys, our passion for food extends beyond our stores and into the communities in which we operate. Every year we help feed the hungry by raising hundreds of thousands of dollars and donating millions of pounds of food across Canada. Right here at home, we partner with FEED NOVA SCOTIA to help feed the hungry in our communities. Sobeys is proudly headquartered in Nova Scotia and we know that providing proper nourishment to our children and their families means that together with FEED NOVA SCOTIA, we are building a strong foundation for the future of our province.”

–Peter Doucette, General Manager, Sobeys Atlantic
Our outstanding donors

On behalf of the individuals and families we support, we are proud to recognize the extraordinary contributions of the following donors.

**One Million Kilogram Club**
Cumulative giving totals 1 million kilograms or greater, since January 2000

Atlantic Superstore
Sobeys Inc

**Financial and in-kind donors**
Cumulative giving totals $100,000 or greater (excluding event sponsorship)

Alice Li Alter Ego Trust
AML Communications
Anonymous individual donor
Anonymous donation through Stewart McKelvey
Canadian Tire Foundation for Families
Edmonds Landscape & Construction Ltd
ExxonMobil Resources Limited
Grocery Foundation of Atlantic Canada
Nova Scotia Power
Nova Scotia Government Employees Union
RBC Foundation
Scotiabank
Sobeys Inc
TD Canada Trust
Windsor Foundation

Costco Wholesalers
den Haan Enterprises Ltd
Eyking Brothers Farms Limited
Farmers Co-Operative Dairy Ltd
GF5 - Gordon Food Service
High Liner Foods Incorporated
J.W. Mason & Sons Limited
Kraft Canada / Mondelez Canada
Lawtons Drug Stores Limited
Lewis Brothers Inc
Lighthouse Sales and Distributors Ltd
Nova Agri Inc
Sable Warehousing & Distribution Ltd
Saputo Foods
Sawler Gardens
Seaway Distributors Ltd
Stone Hearth Bakery
Sysco Food Services
Target
TRA Maritimes
Vermeulen Farms Ltd
Walmart Canada
Wilmar Acres Ltd / Dominion Produce Ltd

**Estate Gifts**
We are also pleased to recognize the following bequests received this year:

Estate of Aloysius Balawyder
Estate of Archibald Rasley
Estate of Arthur William Murray
Estate of Doris Brandenberger
Estate of Margaret Johnson
Estate of Mary M. Young

**Food Donors**
Cumulative giving totals 100,000 kilograms or greater, since January 2000

Ben’s Thrift Store
Campbell Company of Canada Limited
Seizing the opportunity to make a difference

Ella came to our office with her parents in October with a turkey and all the fixings. She used the money she’d collected busking with her violin to provide a Thanksgiving dinner for a family in need. Moments like this motivate us, and we’re lucky to experience this outpouring of community support all year from six year olds to CEOs.

422 events organized on our behalf raised
$517,109 & 114,911 kg

Roberta knows the invaluable support food banks provide—it kept her family going during a tough time.

Today, Roberta and her children volunteer and fundraise. We were happy to see them come through our doors last year with food and funds raised from her son Sabin’s ‘Day After Halloween Party.’

“The biggest thing is having an opportunity to give back.”

“To us, that’s our strength; that’s what feeds us now.”
Big collaborations for the cause

Each year, volunteers from all walks of life gather around the table to form our signature event committees. They contribute their diverse expertise and experience to engage sponsors, donors, and participants with Canstruction® Nova Scotia, Divas on the Green, The Great Canadian Food Fight, and Swinging for Supper. They help generate much-needed revenue, but they also help us provide a meaningful opportunity for the community to get involved.

$106,721
45,037 kg
78 sponsors
300 participants

ADP has a long track record of supporting the greater Halifax community, and FEED NOVA SCOTIA. For 4 years, they’ve been the title sponsor of our annual golf tournament, and have been a steadfast supporter since 2002.

“Partnering with FEED NOVA SCOTIA is a great way for us to give back to those in need. When we give back, we aim to strengthen our communities, the environment, and consequently, our own employees and operations. Collaborating with FEED NOVA SCOTIA allows us to work together to get one step closer to eliminating hunger.”

–Cindy Jeffrey, Vice President of Client Service, ADP Canada
Where our financial donations came from

- 50% from individuals
- 9% from government
- 21% from corporations
- 12% from organizations
- 5% from foundations
- 3% from miscellaneous

Note: The category “Government” includes both government grants that supported our Learning Kitchen and Helpline programs, as well as funds raised by employees within government departments, police, military, and fire departments.

Where our food donations came from

- 43% food drives and corporate and individual donors
- 5% National Food Sharing System
- 11% produce from commercial farmers and wholesale grocers
- 3% from grocery store bins
- 17% reclaimed food from wholesalers and grocers
- 9% prepared food donated by hospitals, hotels, etc.
- 10% bakery retail
- 1% food purchased by FEED NOVA SCOTIA
A few
Quick calculations

Canada Revenue Agency prefers to see charities spend less than 35 cents to raise every $1.

![20 cents to raise every $1.](image)

We spent 20 cents to raise every $1.

If you factor in the value of food we raised, it drops to 3 cents.

For every $1 we received, 21 cents went toward administration expenses.

![21 cents went toward administration expenses.](image)

For every $1 we received, 21 cents went toward administration expenses.

If you factor in the value of food we raised, it drops to 4 cents.

New meals metric

FEED NOVA SCOTIA has adopted a new standardized formula developed by Food Banks Canada to calculate the impact of monetary donations. We’re proud to say for every $2 we spend we deliver 1.3 kilograms of donated food, which equates to 3 meals.
We’re proud to uphold
Food Banks Canada’s
Ethical Food Banking Code

- Provide food and other assistance to those needing help regardless of race, national or ethnic origin, citizenship, colour, religion, sex, sexual orientation, income source, age or mental or physical ability.
- Treat all those who access services with the utmost dignity and respect.
- Implement best practices in the proper and safe storage and handling of food.
- Respect the privacy of those served, and maintain the confidentiality of personal information.
- Not require payment of any kind for donated food or consumer products, at any time from those assisted by their respective programs.
- Acquire and share food in a spirit of cooperation with other food banks and food programs.
- Strive to make the public aware of the existence of hunger, and of the factors that contribute to it.
- Recognize that food banks are not a viable long-term response to hunger, and devote part of their activities to reducing the need for food assistance.
- Represent accurately, honestly and completely their respective mission and activities to the larger community.

Having been raised in my teen years in subsidized housing, I know only too well how challenging it is to live from pay cheque to pay cheque. I saw how difficult it was to make ends meet for people on low incomes, never mind no income. Food is the basic of all our needs, without which we have no energy or will to accomplish anything.

FEED NOVA SCOTIA does an amazing job with limited resources, and I have enjoyed our involvement over the last 11 years.

“If we all can give a little we can give a lot.”

–John Day, President, Atlantic Digital
When we take our place at the table, it’s about so much more than food.

Dinner time at Supportive Housing for Young Mothers (SHYM), one of our member agencies in Dartmouth.
Statement of Financial Position (for the year ended March 31, 2015)

<table>
<thead>
<tr>
<th>Category</th>
<th>2015</th>
<th>2014</th>
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<tbody>
<tr>
<td><strong>ASSETS</strong></td>
<td>(12 months)</td>
<td>(9 months)</td>
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<td><strong>General Fund</strong></td>
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<td>Cash and short-term investments</td>
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<td>Accounts receivable</td>
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<td><strong>Bequest Fund</strong></td>
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<tr>
<td>Cash and short-term investments</td>
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<tr>
<td>Due from general fund</td>
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<td><strong>Total Bequest Fund</strong></td>
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<td><strong>Operational Reserve Fund</strong></td>
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<td>Short-term investments</td>
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<td>$64,920</td>
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<td><strong>Total Operational Reserve Fund</strong></td>
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<td>$644,144</td>
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<tr>
<td><strong>Total Fund Balances</strong></td>
<td>$1,398,602</td>
<td>$1,141,995</td>
</tr>
</tbody>
</table>
Statement of Revenue and Expenditures (for the year ended March 31, 2015)

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(12 months)</td>
<td>(9 months)</td>
</tr>
<tr>
<td>Donated Food</td>
<td>$10,815,063</td>
<td>$8,134,577</td>
</tr>
<tr>
<td>Distribution of Food to Members</td>
<td>$10,815,063</td>
<td>$8,134,577</td>
</tr>
<tr>
<td><strong>Revenue</strong></td>
<td>$3,003,471</td>
<td>$2,236,299</td>
</tr>
<tr>
<td><strong>Expenditures</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Food Procurement and Logistics</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Amortization of motor vehicles</td>
<td>$29,837</td>
<td>$30,314</td>
</tr>
<tr>
<td>External warehouse and trucking</td>
<td>$117,556</td>
<td>$94,918</td>
</tr>
<tr>
<td>Food purchases</td>
<td>$66,737</td>
<td>$115,441</td>
</tr>
<tr>
<td>Garbage collection</td>
<td>$91,338</td>
<td>$67,635</td>
</tr>
<tr>
<td>Salary and benefits</td>
<td>$852,087</td>
<td>$692,047</td>
</tr>
<tr>
<td>Supplies</td>
<td>$26,249</td>
<td>$13,476</td>
</tr>
<tr>
<td>Telephone</td>
<td>$2,787</td>
<td>$2,352</td>
</tr>
<tr>
<td>Training and development</td>
<td>-</td>
<td>$870</td>
</tr>
<tr>
<td>Motor vehicle</td>
<td>$363,472</td>
<td>$234,442</td>
</tr>
<tr>
<td><strong>Total Expenditures</strong></td>
<td>$1,550,063</td>
<td>$1,251,495</td>
</tr>
<tr>
<td>Community Connections</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Client support and outreach</td>
<td>$5,044</td>
<td>$6,041</td>
</tr>
<tr>
<td>Learning Kitchen</td>
<td>$171,430</td>
<td>$146,163</td>
</tr>
<tr>
<td>Membership meeting expenses</td>
<td>$114</td>
<td>$2,796</td>
</tr>
<tr>
<td>Office and printing</td>
<td>$1,725</td>
<td>$5,173</td>
</tr>
<tr>
<td>Research and program development</td>
<td>$35,689</td>
<td>$29,807</td>
</tr>
<tr>
<td>Salary and benefits</td>
<td>$377,225</td>
<td>$300,169</td>
</tr>
<tr>
<td>Staff training and development</td>
<td>$260</td>
<td>$1,420</td>
</tr>
<tr>
<td>Telephone</td>
<td>$2,141</td>
<td>$1,384</td>
</tr>
<tr>
<td><strong>Total Community Connections</strong></td>
<td>$593,628</td>
<td>$492,953</td>
</tr>
<tr>
<td>Administrative</td>
<td>$616,417</td>
<td>$484,233</td>
</tr>
<tr>
<td>Occupancy</td>
<td>$79,406</td>
<td>$83,776</td>
</tr>
<tr>
<td>Communications and Donor Relations</td>
<td>$199,230</td>
<td>$193,069</td>
</tr>
<tr>
<td>Redirected Donations</td>
<td>$152,038</td>
<td>$36,111</td>
</tr>
<tr>
<td><strong>Total Expenditures</strong></td>
<td>$3,190,782</td>
<td>$2,541,637</td>
</tr>
<tr>
<td>Excess of expenditures over revenue for the period</td>
<td>($187,311)</td>
<td>($305,338)</td>
</tr>
</tbody>
</table>

Visit feednovascotia.ca/financials to view the complete audited financial statements