

# Most-needed food items



Soups and stews

Peanut butter

Cereal

Canned vegetables and fruits

Canned meat, fish, and beans

Rice

Pasta and pasta sauce

Fresh or frozen vegetables

Fresh or frozen meats

Baby food and formula

Meal replacement drinks

Canned and powdered milk

You make it possible for us to distribute almost 2 million kilograms of food across the province each year!